

Grateful thanks to all The MTF funding sponsors who have helped to make this key event possible.



Time	Session	Speaker	Learning Outcomes
	Learning Event Chair	Lesley Carter Malnutrition Task Force Lead and Clinical Lead, Health Influencing, Age UK	
10.05	MTF Chair's Welcome	Dianne Jeffrey CBE DL, Chair, Malnutrition Task Force	
10.20	President Welcome from BAPEN	Dr. Trevor Smith BAPEN President	
10.35	Transformations in NHS and social care and how older people are included	Ruthe Isden Head of Health Influencing, Age UK	
10.45	MTF insights post covid	Lesley Carter Malnutrition Task Force Lead and Clinical Lead, Health Influencing, Age UK	
11.15	Understanding preventable malnutrition in the community, using tools to start conversations to help identify the risk of malnutrition	Professor Jane Murphy Professor and Deputy Dean Research and Professional Practice, Bournemouth University	<ul style="list-style-type: none"> • How to identify malnutrition and the risks in the community • How to tackle it • How to use tools to start conversations

11.50	Break	Speaker	Learning Outcomes
12.00	Drinking and low-intake dehydration in older people	Ellice Parkinson Associate Tutor, Postgraduate Researcher School of Health Sciences, University of East Anglia	<ul style="list-style-type: none"> To understand why older people are more at risk of low-intake dehydration To understand why low-intake dehydration is an issue for older people To consider strategies which might improve drinking for older people
12.20	'Great Food, Good Health' NHS England Food Programme	Phil Shelley Chair of the NHS Food Review Senior Operational & Policy Manager – Soft FM NHS Estates & Facilities, Commercial Directorate	<ul style="list-style-type: none"> Understanding the people that we serve What does exemplary actually mean? Leadership has never been more important
12.40	The Malnutrition Pathway: 10 Years of Raising Awareness of Disease-Related Malnutrition	Dr Anne Holdoway , DHealth BSc RD FBDA, Malnutrition Pathway Co-ordinator Chair of the Malnutrition Pathway Panel	<ul style="list-style-type: none"> Assist the multidisciplinary team to embed nutrition into care pathways Help individuals at risk of malnutrition self-care and improve their nutrition when dietary intake and appetite is hindered by medical conditions or during and after illness Ensure HCPs understand how timely action to address nutritional risk can positively affect patient function, quality of life and reduce health and social care costs
13.00	A best practice example of managing malnutrition in the community	Dr Abbie Cawood Honorary Research Fellow University of Southampton, and Head of Scientific Affairs Nutricia	<ul style="list-style-type: none"> Overview of a community project to manage malnutrition in GP practice Example of implementing the malnutrition pathway Clinical and economic outcomes of malnutrition management

13.20	Break	Speaker	Learning Outcomes
13.45	Supporting older people to be winter ready	Sophie Barrett Programme Officer Health Influencing, Professionals and Practice Age UK	<ul style="list-style-type: none"> • Winter risks • How to be winter prepared • Resources that are available to support older people
14.00	The Work of the National Hydration Network	Charlotte Thumper Chair National Hydration Network	
14.15	The importance of promoting education and independence when supporting someone to change their diet due to risk of malnutrition	Elise Hoare Senior Community Nutritionist Hills Independent Living Centre	<ul style="list-style-type: none"> • To understand the impact of education and awareness when supporting people to change behaviours around food • To understand the impact of independent food choices on motivation to change a behaviour • To understand next steps, we can be taking within healthcare and community settings to support someone to change their behaviours around food
14.30	Preventing Avoidable Malnutrition in Severe Myologic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS ME/CFS)	Helen Baxter	<ul style="list-style-type: none"> • Recognise the difficulties a person with severe ME/CFS may face when trying to access adequate nutrition and hydration • Identify ways to assess the nutritional status of a patient who cannot be weighed • Recognise when to refer to a nutrition support team to initiate tube feeding

We understand the difficulties that health and social care staff are under at the moment and recognise that some people who would like to attend the conference won't be able to. To provide access for everybody, the conference will be recorded and presented in bite-sized sessions that can be downloaded from the web site. It can also be viewed on YouTube after the event.